

Lent at Covenant



Weekly Worship: We will walk on the Emmaus Way each Sunday (Luke 24): We will listen for Jesus teaching us “about himself in the Scriptures.” (Luke 24:27) We will experience Jesus making himself “known to [us] in the breaking of the bread.” (Luke 24:35)

The Kindness Tree: Look for acts of kindness in your life. Write those acts of kindness on paper leaves and attach them to the dead tree in the Fellowship Hall. Each week, our tree will gain leaves as we grow through acts of kindness.



Thursday Night Compline. Join us Thursday nights at 7:00 PM for a Service of Night Prayer, or Compline. These ½ hour services will use liturgies from the *Book of Common Prayer* that include prayers, Psalms, silence, and songs and act as a way to gather up the events and cares of our days in prayer. Join in person or via Livestream beginning on Thursday, February 25.

A Lenten Path Reflections. Created by Covenant member Anna Westfall, this booklet exists as a companion to the season of Lent. Copies of *A Lenten Path* are available on the welcome table and in the NE entrance to church. And physical stations will be set up weekly in the narthex for you to pause at when you wish.



A Lenten Loom. Pray with your hands. In the fellowship hall you will find a large loom and a variety of fabrics and yarn. As you weave, project your prayers onto the fabric. As the season progresses and as we collaborate on this project, we will have a visual representation of our conversations with God and also be reminded that just as these fabrics are weaved together, so too are our lives and longings knit together in God.